



# LAKE HARRIET COMMUNITY SCHOOL [UC]

## BAND & ORCHESTRA

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HTTP://LAKEHARRIET.MPLS.K12.MN.US/BAND

**NAME:**  
**GRADE:**  
**DUE:**

### Six Steps for Great Practicing:

1. Practice at the same time every day so it becomes a habit.
2. Practice the most difficult parts first.
3. Practice slowly and gradually increase speed with each repetition.
4. Listen to your sound. Improve it each day with long slow sounds for warm-up.
5. Play scales (tetrachord, 1 oct., 2 octave, range of inst. – beginner to advanced.)
6. End your practice by playing or improvising something for fun.

Practice Target: 150 minutes / week.

Write down your minutes for each day & total at the end of the week.

Dates	Monday	Tuesday	Weds	Thurs	Friday	Sat	Sunday	TOTAL
Week 1								
Week 2								
Week 3								
Week 4								
Parent Signature				Student Signature				TOTAL