

This page is the cover of your book.

**INSTRUCTIONS:** Step 1: Use markers or glue a photo to fill only the box below with your cover illustration. Include the book title in your design.  
Step 2: Fill out Author's Name & Book Title in the boxes below.

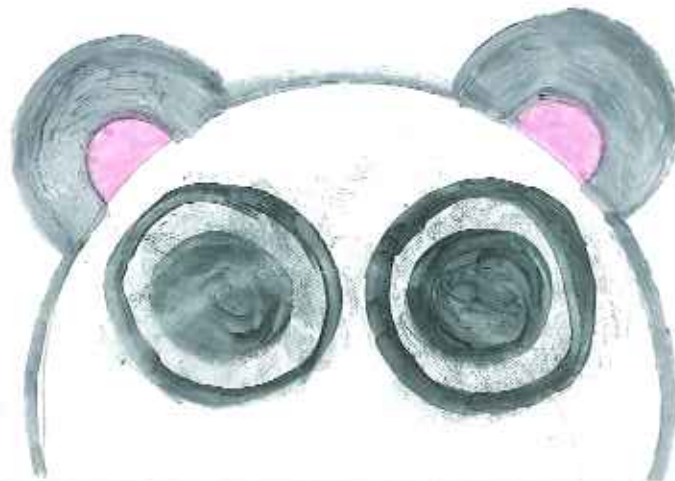
Kelsey Nogai

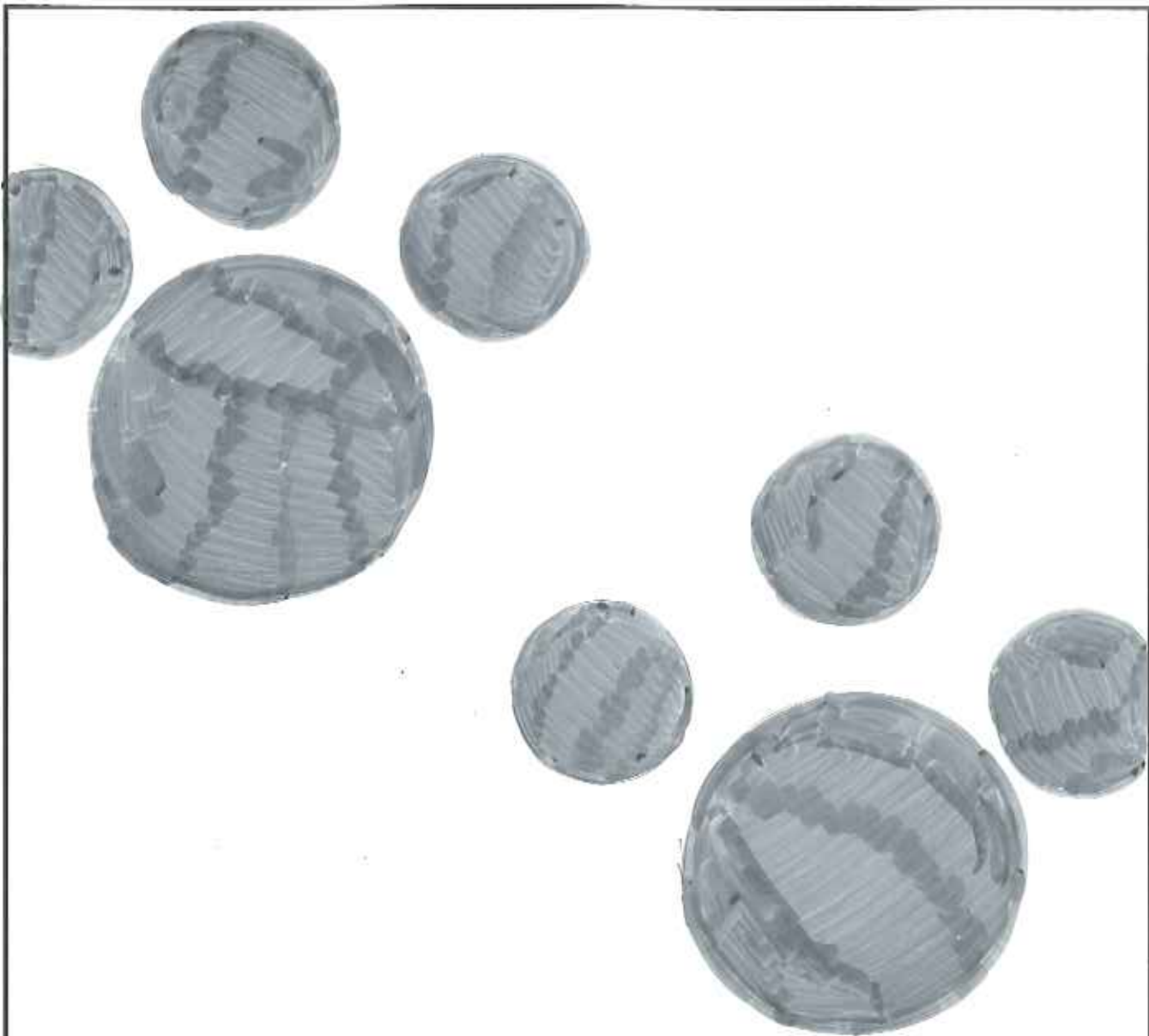
Author's Name - If Class Book "Miss Smith's Class"  
If Individual Book "Cori Smith"

IF You eat junk, you feel like junk!

Book Title - For example, "Our ABCs"  
Remember, we will use what you type into Studentresources.com/Finalize for the book cover and spine text of your book.

If YOU EAT  
JUNK, YOU  
FEEL LIKE  
JUNK!





BY Kelsey Nogai

DEDICATED TO

family & friends

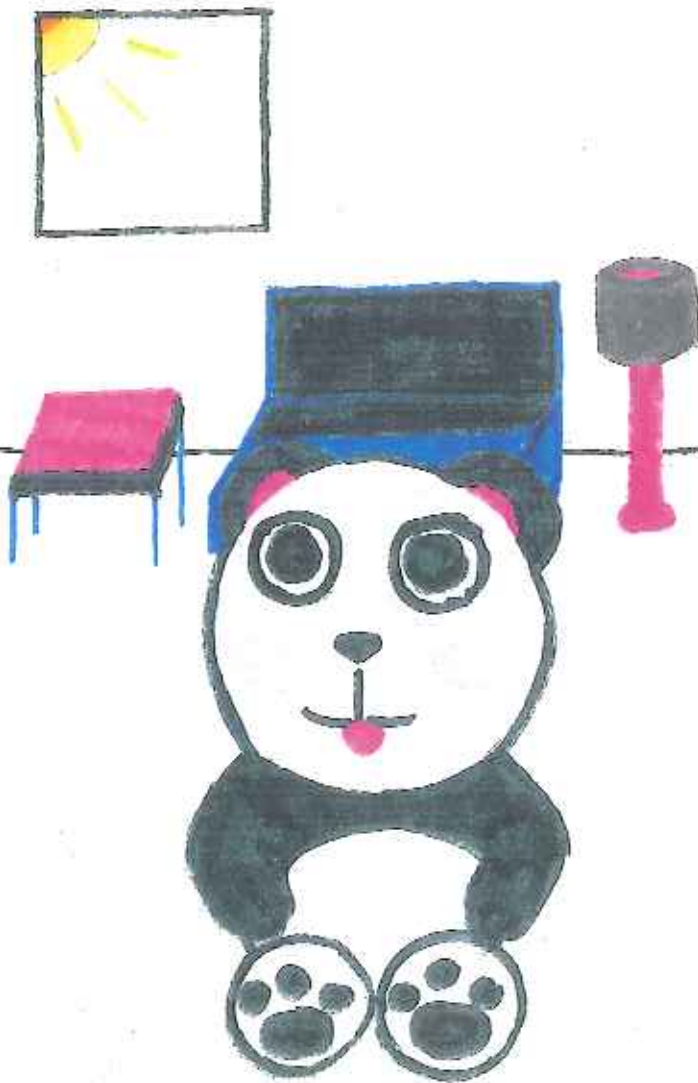
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1345 SW 42nd Street  
Topeka, KS 66609

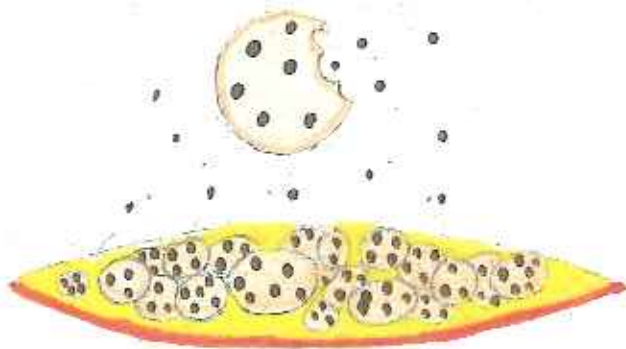
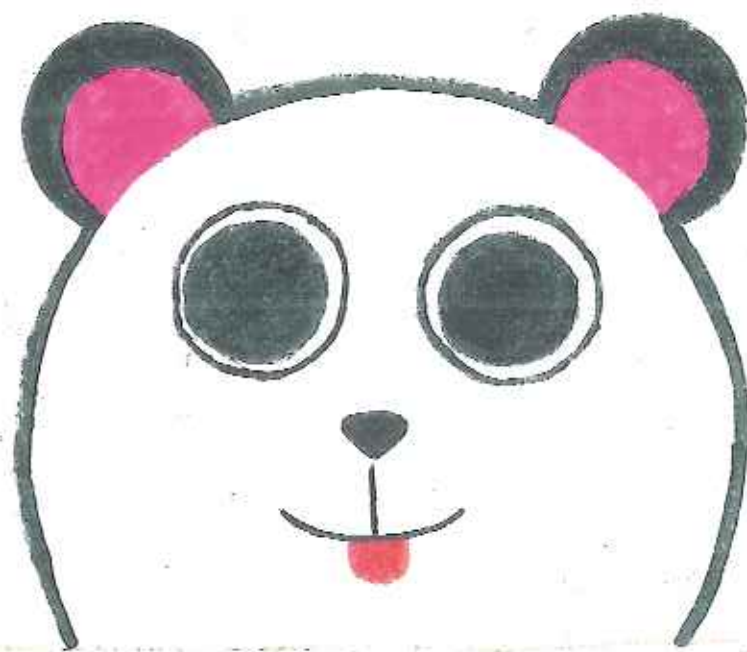
[Studenttreasures.com](http://Studenttreasures.com)

It was a sunny Saturday when Timmy decided to go sneak some treats.



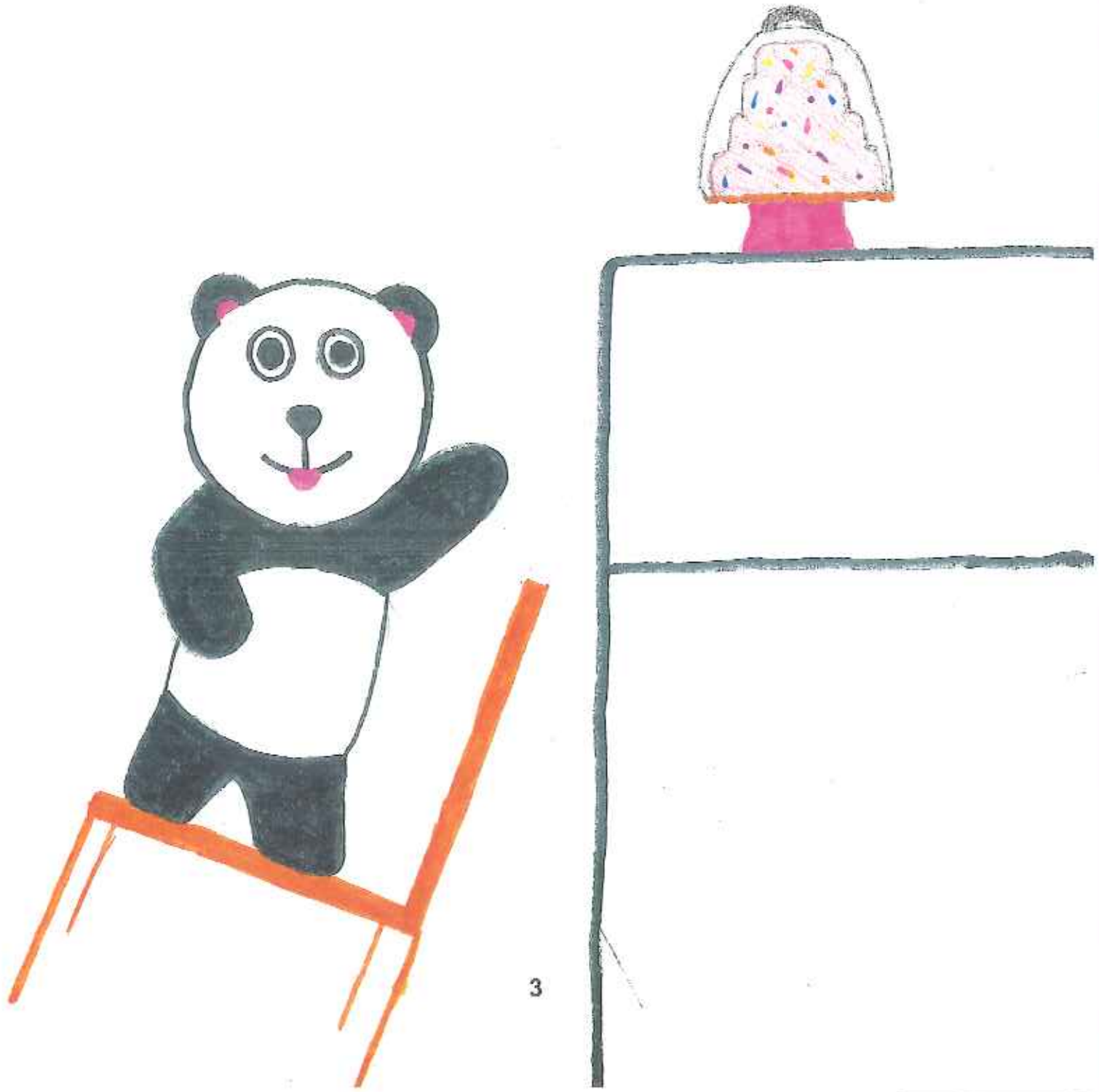
Book Page: Create your book page here using markers and black ink. The back of your dedication page & page 1 will appear together in your finished book.

Timmy walked over into the kitchen and started looking for treats. "Cookies! What a goody."



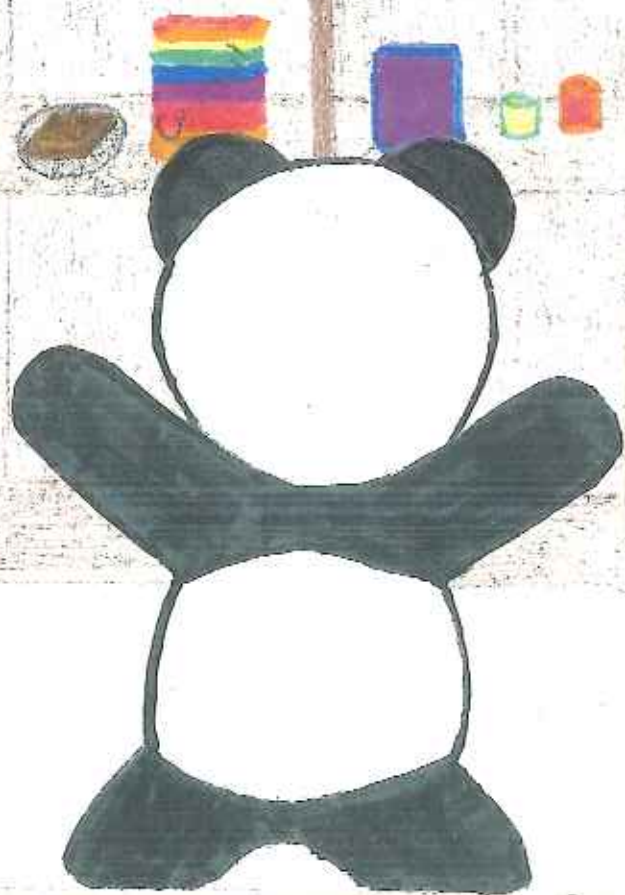


After that Timmy went and looked on top of the fridge.  
"Look it's cake, that I shall take, and gobble it down!"

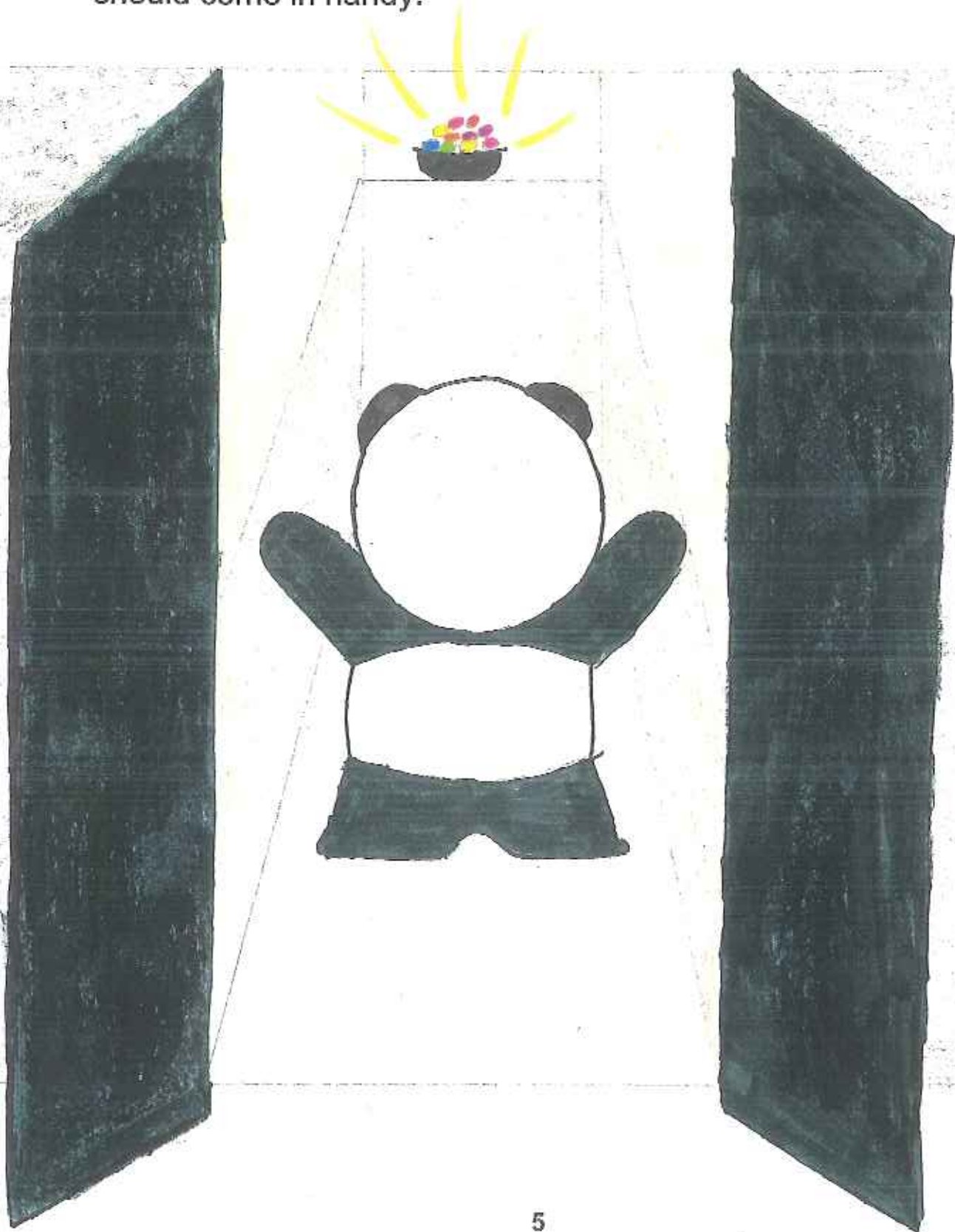


Book Page: Create your book page here using markers and black ink. Pages 2 & 3 will appear together in your finished book.

Timmy looked around and saw one brownie. "I know a brownie won't make me frowny."



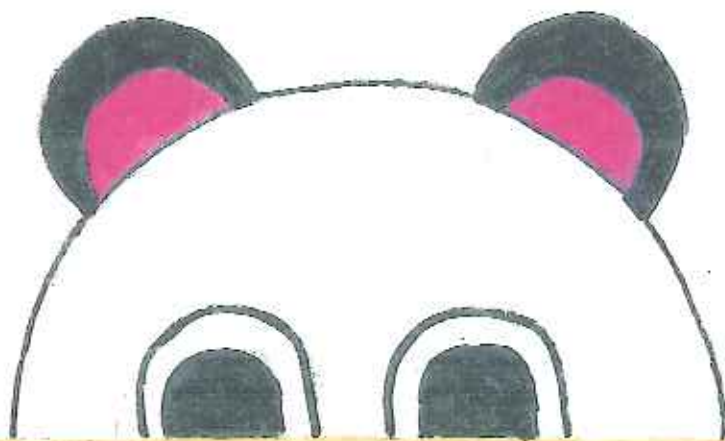
Later Timmy walked to the pantry. "Hey there's candy that should come in handy."



Book Page: Create your book page here using markers and black ink. Pages 4 & 5 will appear together in your finished book.

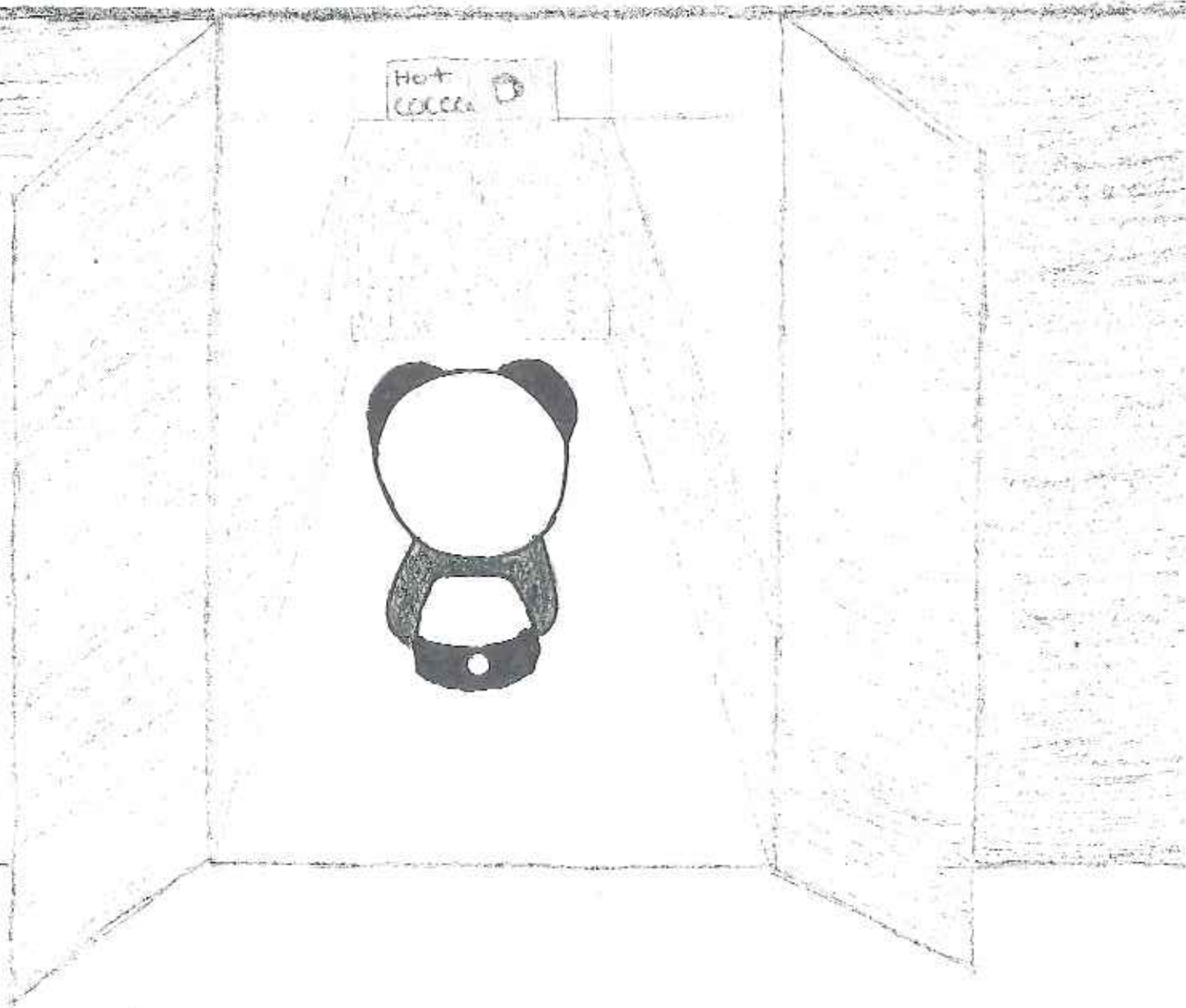


Timmy then found some Doritos. "You know what now i'm craving Cheetos."



Timmy walked back over to the pantry only to find hot cocoa "Oooh, this won't make me go loco!"

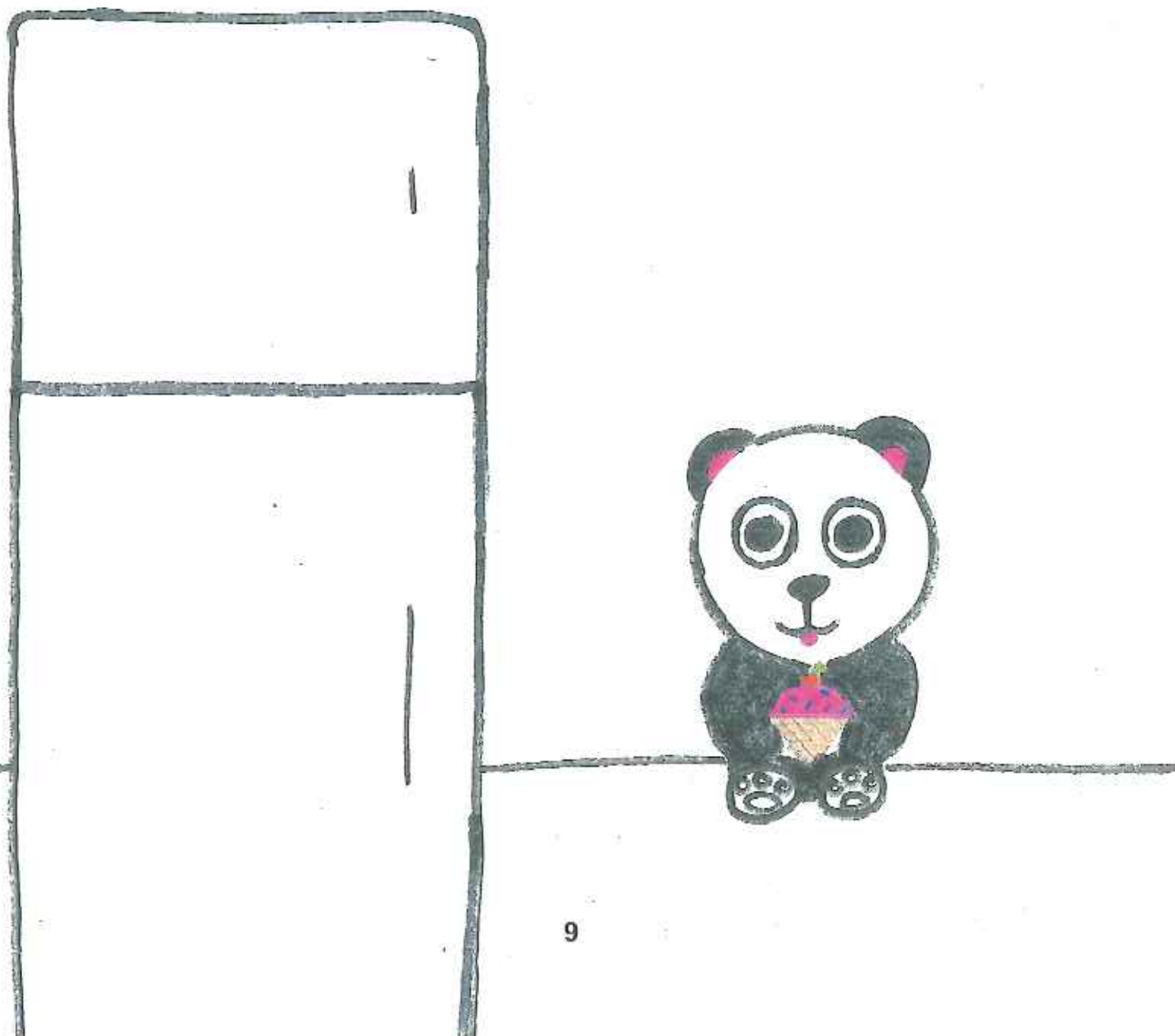
Book Page: Create your book page here using markers and black ink. Pages 6 & 7 will appear together in your finished book.



Timmy was wrong cause later he was bouncing off the walls, literally!



Timmy later found some ice cream. "Ice cream sounds yummy to my little tummy."

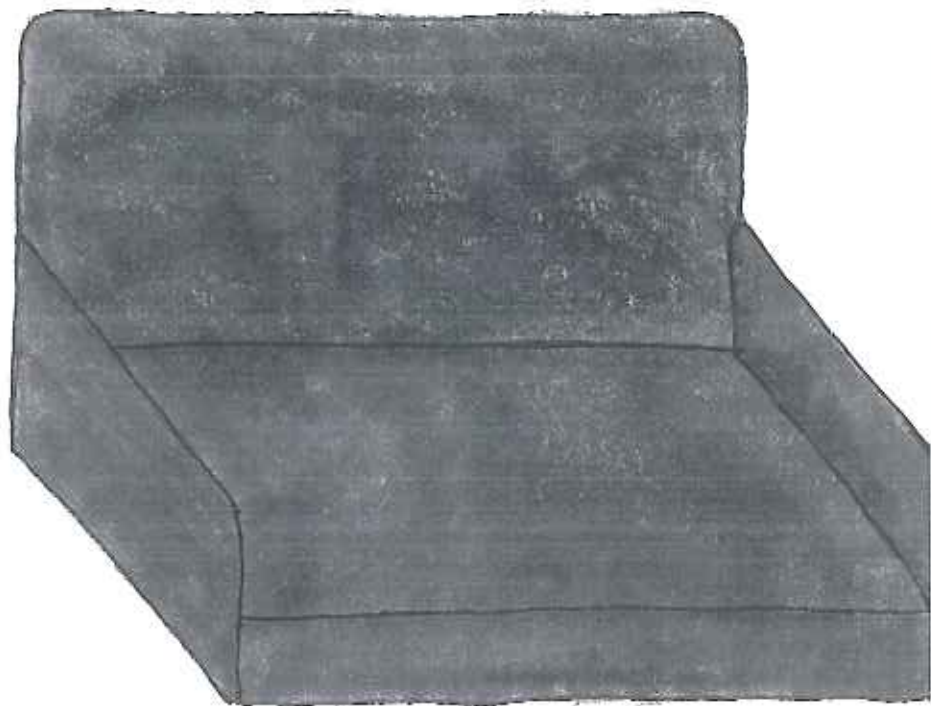


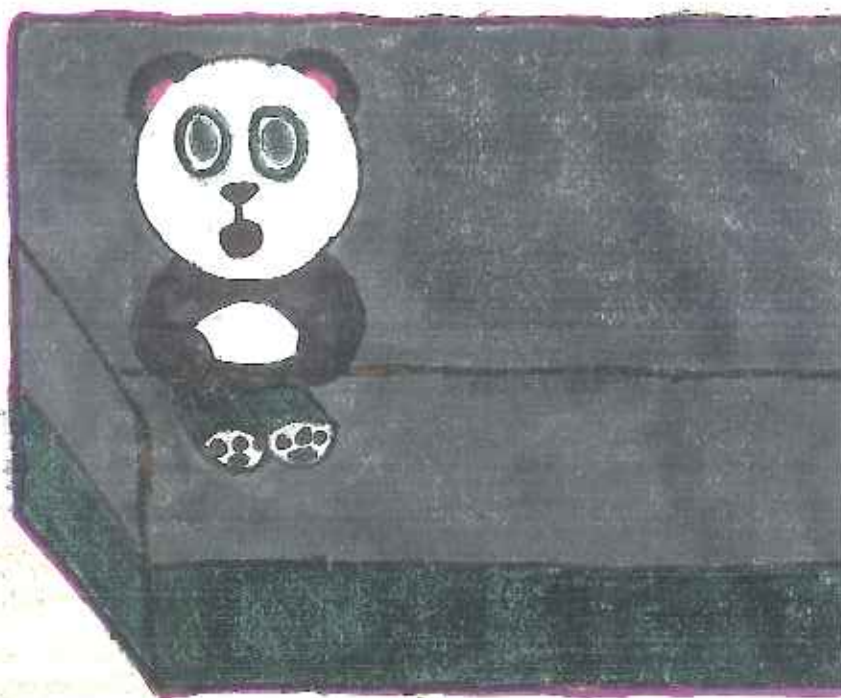
Book Page: Create your book page here using markers and black ink. Pages 8 & 9 will appear together in your finished book.





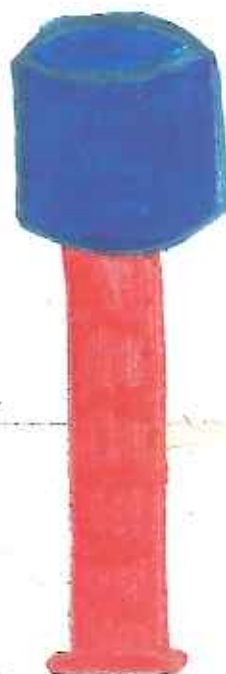
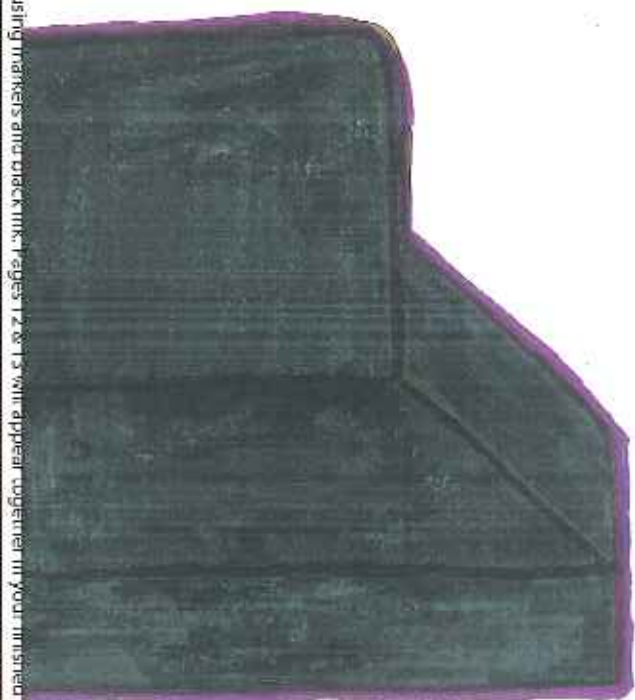
Timmy didn't feel to good now. He went into the living room and laid down on the couch.





"That was quite a day, but now I'm feeling kinda grey,"  
Timmy said, "my tummy is feeling funny."

Book Page: Create your book page here using markers and black ink. Figures 12 & 13 will appear together in your finished book.





Timmy had learned a very valuable lesson that if you eat junk you feel like junk.



## ABOUT THE AUTHOR

I'm a sixth grade student, at Lake Harriet. I don't exactly follow the guidelines of this, but I try my best to eat healthy. I got inspired by my mom to create this book cause when I was little she use to tell me "you eat junk, you feel like junk." I hope this same problem won't happen to you someday.