Visit our Website

School News



WANTED: Food and Drink Donations

Fall Parent-Teacher Conferences are right around the corner and we need your

help! During the evening conferences our teachers don't have much time to grab dinner, so we're bringing it to them. Let's come together as a parent community to provide dinner, snacks and beverages to feed our wonderful teachers at both campuses on Oct. 11 and 16.

Please visit our signup genius pages for <u>Lower Campus</u> and <u>Upper Campus</u> to let us know what you're bringing. We've outlined some ideas to make sure we have a good assortment for the busy teachers. We also need tableware and a few volunteers to help setup and clean up – so there's a way for everyone to pitch in. Let's show our teachers how much we appreciate them!

Questions? Contact Renee Maul (Renee.Maul@gmail.com) for Lower Campus and Colette MacIver (macivec@yahoo.com) for Upper Campus.

Thank you for your support!



Citizens and Heroes

We are proud to announce our September Lower Campus Citizens of the Month

and Upper Campus HEROEs. These monthly award programs honor students who are respectful, responsible, safe, and ready to learn everyday they come to school. Homeroom and Advisory teachers choose one (Upper) or two (Lower) students each month to receive this award. Photos of the winners are posted each month in the main hallway at each Campus.

Congratulations to the following students: <u>Kindergarten</u>: Amelia W, Tye B, Alina B, George H, Charlie D, Noelle R, Ike R, Geneva H, June D, Sam R

Grade 1: Kaia C, Jameson K, Yuno S, Cole N, Luke M, Malati N, Desmond N, Lena M, Kiran T,



Flu Shot Clinic

The flu shot clinic will take place again this year during conferences at Upper

Campus on October 16 from 3:45 PM - 8:00 PM and at Lower Campus on October 17 from 10:00 AM - 3:00 PM in the Health Office, Room A105.

This is a walk-in clinic (first come, first served) for both adults and children. Please bring your health insurance card if you have it, however if you do not have insurance you may still get the flu shot. We will also have the option of the nasal mist this year, upon request.

If you have questions, please contact our Licensed School Nurse Sarah Thomforde at sarah.thomforde@mplsk12.mn.us



Scholastic Book Fair!

The annual Scholastic Book Fair will be held Monday,

October 15 - Tuesday, October 16 from 9 am - 8 pm at both campuses. Stock up on your reads for MEA break! Proceeds benefit both campus media centers. Interested in volunteering for this fun event? Sign up here for either Lower Campus or Upper campus. Hope to see you there!



Walk or Bike to School Day and Coffee for Parents

Lake Harriet Lower is planning to participate in Walk

& Bike to School Day on October 10 and celebrate community, wellness, safer streets and cleaner air. Thank you to Maggie for signing up our school and organizing events at Lake Harriet Lower!

As part of your planned morning festivities, Culinary & Wellness Services would like to provide coffee and a recipe sampling to parents Oliver O, Zoey J, Braylon G
Grade 2: Fulton V, Vivian R, Iris F, Ben S, Lily W,
Nora R, Natalie T, Aidan H, Isaac B, Howa M
Grade 3: Sam C, Charlotte C, Andy C, Elliott H,
Annika K, Eliana L, Divya T, Ronin D
Grade 4: Aiden S, Eva V, Sullivan M, Maren J
Grade 5: Dahlia K, Abigail O, Otto B, Jacob M
Grade 6: Isabelle A, Aspen F, Amelie S, Mila V,
Taletta J, Eleanor B
Grade 7: Oskars D, Nathan H, Ava L, Declan R,
Sophia C

Grade 8: Misha P, Finn R, Amara J, Maia S, Joel

T, Erika P

outside school as they arrive, walking and biking with their children. A coffee/sampling parent welcome will allow parents to connect with each other, helping to build community and also keep the walking/biking enthusiasm going—two goals of the event. We are also proud of the food we serve the students in our lunchrooms and of our mission—nurturing all students through access to quality food and active living and will enjoy talking about that with your families.



Lunch Applications

Please return the Lunch Applications for Educational Benefits that were sent home with your student earlier this

month. There are two good reasons to return the form or submit it on line: one, we do not want to miss any student who may be eligible for this benefit; two, this information is important for our school district to have a full district student profile.

Please note that you can select the "refuse benefit" button in the online application or "do not qualify" box on the paper application. Thank you for your cooperation.

Upcoming Events Summary

PTA Meeting - Tuesday, October 9. 6:00pm Upper Campus Media Center.

Walk & Bike to School - Wednesday, October 10. Both campuses.

Parent Teacher Conferences - Thurs, Tues, Wed, October 11, 16, 17. Both campuses.

Scholastic Book Fair - Monday-Tuesday October 15-16. 9am-8pm both campuses.

Site Council Meeting - Monday, October 15, 5:00pm. Upper Campus

NO SCHOOL - Wednesday-Friday, October 17-19.

Unity Day - Wednesday, October 24.

PTA Pancake Breakfast Fundraiser - Sunday, October 28, 8am-1pm. Lake Harriet Masonic Lodge **NO SCHOOL** - Thurs-Fri, November 1-2.

Community News



Try SWAC Wrestling This Winter

Looking for a great winter sport? Check out SWAC Wrestling! We focus on learning, exercise and fun. MPRB matches are available but not required. Pairings are based on size and ability so there's a spot for everyone. Develops balance, agility and aining for all sports.

strength so great training for all sports.

Practices start in December, Tues and Thurs 6-7pm in the SWHS wrestling room. No equipment needed.

Register at swac.info or Linden Hills Park when winter enrollment opens. Contact Coach Mark Vandermyde with any questions at 612-859-2414 or mvandermyde@msn.com.

See you on the mats!

STAY CONNECTED

